



St Peter Chanel & St Joseph Berala

Streams of living water will flow from within. ~John 7:38

Parish Office: 60 Kingsland Rd, Berala, 2141, **Ph:** 96447787 **E:** info@stpeter-stjoseph.org.au
Parish Website: www.stpeter-stjoseph.org.au, **facebook:** [stpeterstjoseph](https://www.facebook.com/stpeterstjoseph)

Weekday Mass: Monday to Friday 6.45am

Adoration & Novena: Saturday 9.00am

Lord's Day Mass: Saturday 5.00pm (Vigil), Sunday 8.00am & Sunday 10.00am

Reconciliation: Saturday 9.00am - 10.00am. Or contact the parish office for any other time.

For Baptisms, Weddings, Bible Study and Catholic Enquiry, please contact Fr Thomas or the parish office on 9644 7787.

7TH SUNDAY IN ORDINARY TIME - YEAR A **Project Compassion Sunday** 23 FEB 2020

First Reading

Lv 19:1-2. 17-18

The Lord spoke to Moses; he said: 'Speak to the whole community of the sons of Israel and say to them: "Be holy, for I, the Lord your God, am holy.

"You must not bear hatred for your brother in your heart. You must openly tell him, your neighbour, of his offence; this way you will not take a sin upon yourself. You must not exact vengeance, nor must you bear a grudge against the children of your people. You must love your neighbour as yourself. I am the Lord."

Second Reading

1 Cor 3:16-23

Didn't you realise that you were God's temple and that the Spirit of God was living among you? If anybody should destroy the temple of God, God will destroy him, because the temple of God is sacred; and you are that temple. Make no mistake about it: if any one of you thinks of himself as wise, in the ordinary sense of the word, then he must learn to be a fool before he really can be wise. Why? Because the wisdom of this world is foolishness to God. As scripture says: The Lord knows wise men's thoughts: he knows how useless they are, or again: God is not convinced by the arguments of the wise. So there is nothing to boast about in anything

human: Paul, Apollos, Cephas, the world, life and death, the present and the future, are all your servants; but you belong to Christ and Christ belongs to God.

Gospel

Mt 5:38-48

Jesus said to his disciples: 'You have learnt how it was said: Eye for eye and tooth for tooth. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to go one mile, go two miles with him. Give to anyone who asks, and if anyone wants to borrow, do not turn away. 'You have learnt how it was said: You must love your neighbour and hate your enemy. But I say this to you: love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven, for he causes his sun to rise on bad men as well as good, and his rain to fall on honest and dishonest men alike. For if you love those who love you, what right have you to claim any credit? Even the tax collectors do as much, do they not? And if you save your greetings for your brothers, are you doing anything exceptional? Even the pagans do as much, do they not? You must therefore be perfect just as your heavenly Father is perfect.'

ANTIPHONS & READINGS

Entrance Antiphon **Ps 12:6**

O Lord, I trust in your merciful love. My heart will rejoice in your salvation. I will sing to the Lord who has been bountiful with me.

Responsorial Psalm: **Ps 102:1-4. 8. 10. 12-13. R. v.8**

R. The Lord is kind and merciful.

My soul, give thanks to the Lord, all my being, bless his holy name. My soul, give thanks to the Lord and never forget all his blessings.
R

It is he who forgives all your guilt, who heals every one of your ills, who redeems your life from the grave, who crowns you with love and compassion. **R**

The Lord is compassion and love, slow to anger and rich in mercy. He does not treat us according to our sins nor repay us according to our faults. **R**

As far as the east is from the west so far does he remove our sins. As a father has compassion on his sons, the Lord has pity on those who fear him. **R**

Gospel Acclamation **1 Jn 2:5**

Alleluia, alleluia!
Whoever keeps the word of Christ, grows perfect in the love of God.
Alleluia!

Communion Antiphon **Ps 9:2-3**

I will recount all your wonders, I will rejoice in you and be glad, and sing psalms to your name, O Most High.

Next Week's Readings:

1st Reading: Gen 2:7-9; 3:1-7

2nd Reading: Rom 5:12-19

Gospel: Mt 4:1-11

Parish Priest

Fr Thomas Kurunthanam
pp@stpeter-stjoseph.org.au
T. (02) 9644 7787

Priest in Residence

Mgr Michael Berbari, Cor Bishop
T. (02) 8723 9192
M. 0418 459 431

Parish Secretary

Lea Baldoria
info@stpeter-stjoseph.org.au
Tues to Fri 9am -3pm
T. (02) 9644 7787

Sacramental Co-ordinator

Sophia Brewty
sacraments@stpeter-stjoseph.org.au

Youth Ministry

amanda.gahan@syd.catholic.edu.au
susie.mravunac@syd.catholic.edu.au

Catholic Inquiry—RCIA

Andrew Tham 0403 566 001

Pastoral Council

Karim Kassis (Chair)
T. 0408 404 130
Charlie Scully (Vice Chair, Project Manager)
T. 0402 071 849

Maureen Hynes (Secretary, Parish Choir)
Jennifer Rush (Asst Secretary, Safeguarding)
Anthony Kasule, Arthur Doumit (Retreats),
Brenda Wendt-Hussein (Catechists), Amanda
Gahan (SVDP & Youth), Jenny Michael, Joji
Salar, Micheline Botham, Renee Salar, Rhia
Victorino, Vinita Nazareth, and Principals of
the Parish Schools.

Finance Committee

John Le Mottee (Chair)
T. (02) 9644 8859
Joe Moses, Sylvia Jukic, Brendon Nazareth
(Finance Controller)

Plenary 2020

Alicia Moore

Parish Schools

St Peter Chanel, Regents Park
T. (02) 9644 9083
Principal - Phil Townsend
Family Educator - Barbara Mucha

St Joseph the Worker, Auburn South
T. (02) 9646 1434
Principal - Gai Melville
Family Educator - Angela Finnane

Safeguarding Office. If you – or anyone you
know – have been abused, please contact
the police. Alternatively, you can contact
the Safeguarding and Ministerial Integrity
Office: Phone (02) 9390 5810

CatholicCare. Provides caring advice and
advocacy to help families . CCareline 13 18
19 | CatholicCare.org

Alcohol & Drug Information Service:

(Confidential) 02 9361 8000

Healing After Abortion: 0400 092 555

Sara's Place: For pregnancy support or
grieving after abortion visit
www.sarasplace.org.au Ph: 9699 8190

PARISH DIARY THIS WEEK

Mon 24/2	6.45am Mass
Tue 25/2	6.45am Mass
Wed 26/2	ASH WEDNESDAY 6.45am Mass 9.15am Mass 11.30am Mass 7.00pm Mass Day of fasting and abstinence from eating meat. Ash at all masses.
Thu 27/2	6.45am Mass
Fri 28/2	6.45am Mass
Sat 29/2	8.00am Mass 8.30am Rosary 9.00am Novena, Adoration, Confession 5.00pm Vigil Mass
Sun 1/3	8.00am Mass 10.00am Mass



*"Family that pray together stay
together"*

PILGRIM STATUE

**FROM ST PETER CHANEL
at Azzi Family
41 Amy Street, Regents Park**

*Please join them any evening at 7.30pm for
the Rosary.*

**To host the Pilgrim Statue and Rosary
prayer please contact Mona
on 9709 8701 or 0417 282 603.**

**From Legion of Mary, Berala
at the Olie Home
To host the Rosary Statue Legion of
Mary, Berala call
Phil Lopez on 9646 1756.**

1 MARCH 2020		1 ST SUNDAY OF LENT	
Mass	VIGIL	8AM	10AM
ACOLYTE	Dom PANGILINAN	William ANDREWS	Roland JAVIER
MUSIC & SINGING	PARISH CHOIR		Salt enLight
LECTOR/S	Mai NGUYEN	Ken HARTMAN	Amanda GAHAN
	Roshan SEBASTIAN	Joe MOSES	Susie MRAVUNAC
COMMENTATOR	Katrina YIP	Maris MARSH	Rhia VICTORINO
SP. MINISTER	Warren RYAN		Anna MANGANARO
SP. MINISTER	Phirum DUCH		Isabella ARAUJO
CHURCH SHOP	Charlie SCULLY	Jenny MICHAEL	John SHANLEY
GREETERS	Roshan & Sharon SEBASTIAN	Loutoa OLIE	Mervin VICTORINO
HOSPITALITY		Joe & Maria MOSES	
Hospital Visitation Sat: Christine Parish		Altar & Sacristy: Group 1 Gloria De Alkstrand, Anna Manganaro	
Hospital Communion Sun: Ken Hartman & Jenny Michael			
Cleaners SPC: Rey & Brilla Quinoy		Children's liturgy: Anna Facer	
Saturday 8AM		29 FEBRUARY	
LECTOR FOR MASS	Christine KENSEY		

MASS INTENTIONS

Sick: Fr Ray Farrell, Sr Tomsy

Recently Deceased: Sonny Grech,
Daher Daher, Catherine Coyne

Deceased: Tadeusz Bukala, Estefania
Sarmiento, Eugenia Gianan, Benita
Reyes, Mary Gabriel

Anniversary: Louis Moses, Frank
Picek (26/2), Josip Nemet, Harley
Simms (11/2), Cynthia de Souza
(23/2)

Other Intentions: Holy Souls

Deceased Members and Friends of:
O'Dwyer & Erwin Families

BE INGENUOUS AND WIN OVER THE EVIL

There is a story about Saint Teresa of Kolkata (Mother Teresa). In her beginning years she went begging for money to support her work for the poor she found rotting in the streets and gutters. When she stretched her hand in front of a well to do man, begging for some help, that man disgustingly spat into Teresa's palm. For most people it would be hard to control their outrage if this happened to them. But the Christ spirit made the Mother do something that shocked the man. She clenched the sputum in one hand and stretched the other to the man. She said, *"That is for me. Now please give something for my children."* Needless to say, the man was stunned at this. Mother Teresa refused to be outraged or even annoyed by the disgusting treatment she got. Her determination to be focused on charity proved to be much more powerful than any other reaction. Her way of reacting in a Gospel way gained not only some donation but won over the disapproval of the disgusted man. It is things like this that made Teresa of Kolkata a perfect model of Christian discipleship.



Jesus asked his disciples to be perfect like the heavenly Father is perfect. How to become perfect? Matthew 5:38-48 is teaching about how to become perfect. This was written at a time when Israel (Palestine) was revolting against the imperial rule of Roman power. To many minds of the time, the best way to react was to join in guerrilla warfare. In such a situation Jesus says, *"You have learnt how it was said: Eye for eye and tooth for tooth. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to go one mile, go two miles with him."* Revenge and pay back are not the ways for a disciple of Jesus. A good disciple of Jesus is able to bring the opponents to their knees by being extra good to them. If a lender wants to deprive you of your outer garment, instead of fighting with the lender take off all your clothes and give them to him. Then your standing naked will make people say 'shame on you' not to you but to the lender who made you undress! This might sound unreal. Then again, Mother Teresa of Kolkata clenching the spit of a man in her hand and calmly begging something for the orphans is also unreal. The imperial power of Rome permitted the soldiers to demand any bystander to carry their luggage for one mile, *one mile only*. But instead of resisting his demands, if you carried the luggage an extra mile for him, the soldier would be in trouble with his officers. That's the way to teach him a lesson.

The examples Jesus used may not be much relevant to our times. But there is an increase in right wing terrorism in the world now as a reaction to all other religious and racist terrorisms which are menacing the world. These people do not realise that evil cannot be stopped by returning evil. Only goodness in return for the evil you suffer can bear lasting fruits. Many of the atrocities in relationships and family break ups happen because of violent and evil retaliations. The only way to establish peace and joy in unlikely situations is to pour goodness on the evil ones in a way they cannot resist. For this you need a bit of ingenuity and spiritual strength. Upcoming Lent is the time for practising such spiritual discipline.

REFLECTIONS ON MATTHEW 5:38-48

Historical Context – Walk two miles

Roman soldiers were allowed by their own military laws to require any person to carry the soldier's pack along the road from one milestone marker to another. That is, they could order a man to walk one mile with their pack. If they made someone carry their pack for more than one mile, the soldier himself was subject to discipline and punishment. Jesus says, 'If anyone orders you to go one mile, go two miles with him.' Like turning the other cheek, it is turning the tables on the one who would oppress you and bringing shame upon them.

Historical Context – Let him have your cloak as well

This one is a little stranger to our modern cultural norms. In Jesus' time, it was not shameful or embarrassing for a person to be naked but it was shameful for the person who caused them to be naked. By law, if you were unable to repay a debt, the person to whom you owed money could literally take your clothes as payment of the debt. What Jesus says is, if someone demands your tunic as payment of a debt, give them everything you're wearing to shame them for making you naked to collect their debt.

Living the Gospel – Love your enemy

Jesus tells us that it's easy to love those who love us – anyone can do that. The test of Christian love is to love those who seem unlovable or even seek to make themselves appear unlovable. It's easy to stop saying hello to the person who never returns your greeting. It's easy to avoid the person whose disability makes you uncomfortable. It's easy to hate the person who's nasty to you. But Jesus says that it's these people who we must love. If we are only polite, pleasant and hospitable to our friends then we are failing to follow the footsteps of Jesus.



This week we welcome into the Catholic faith

Vincent Henry Pham

May he always know the love of God
and feel His guiding hand throughout his life.



Without love everything is in vain

A treatise on Charity by St Maximus the Confessor (7th century)

Charity is a right attitude of mind which prefers nothing to the knowledge of God. If a man possesses any strong attachment to the things of this earth, he cannot possess true charity. For anyone who really loves God prefers to know and experience God rather than his creatures. The whole set and longing of his mind is ever directed towards him.

For God is far superior to all his creation, since everything which exists has been made by God and for him. And so, in deserting God, who is beyond compare, for the inferior works of creation, a man shows that he values God, the author of creation, less than creation itself.

The Lord himself reminds us: Whoever loves me will keep my commandments. And this is my commandment: that you love one another. So the man who does not love his neighbour does not obey God's command. But one who does not obey his command cannot love God. A man is blessed if he can love all men equally. Moreover, if he truly loves God, he must love his neighbour absolutely. Such a man cannot hoard his wealth. Rather, like God himself, he generously gives from his own resources to each man according to his needs.

Since he imitates God's generosity, the only distinction he draws is the person's need. He does not distinguish between a good man and a bad one, a just man and one who is unjust. Yet his own goodness of will makes him prefer the man who strives after virtue to the one who is depraved.

A charitable mind is not displayed simply in giving money; it is manifested still more by personal service as well as by the communication of God's word to others: In fact, if a man's service towards his brothers is genuine and if he really renounces worldly concerns, he is freed from selfish desires. For he now shares in God's own knowledge and love. Since he does possess God's love, he does not experience weariness as he follows the Lord his God. Rather, following the prophet Jeremiah, he withstands every type of reproach and hardship without even harbouring an evil thought towards any man.

For Jeremiah warns us: Do not say: "We are the Lord's temple." Neither should you say: "Faith alone in our Lord Jesus Christ can save me." By itself faith accomplishes nothing. For even the devils believe and shudder.

No, faith must be joined to an active love of God which is expressed in good works. The charitable man is distinguished by sincere and long-suffering service to his fellow man: it also means using things aright.

WHAT'S NEW?

Project Compassion Sunday 23rd February



Please take home a Project Compassion box and/or a set of donation envelopes and support Caritas Australia this Lenten season themed **"Go Further Together"**.

As Teresa of Calcutta said, "Not all of us can do great things. But we can do small things, with great love."

You will be helping empower our world's most vulnerable communities to grow stronger and share their strengths with their communities to lift themselves out of poverty.

When we **Go Further Together** in love and compassion, the whole world thrives.

You can donate through Parish boxes and envelopes, or by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.



Lenten Program at SPC Primary School

Parents from St Peter Chanel school and parishioners are invited to join in a Lenten Prayer Program to be held every Wednesday of Lent beginning the week after Ash Wednesday. The program will take place in the Donovan Room (Off the Hall) from 9.00am to 9.30am. Booklets provided. All welcome.

~Barbara Mucha, Family Educator St Peter Chanel Primary School

Lent Starts on Ash Wednesday. It is a penance of Fasting and Abstinence from eating meat.
Blessing of Ash will be done at all Masses.
The direction of the Archbishop on Lenten Penance is included in this Bulletin.

Marriage Enrichment Weekend

Take the time to step back from everyday distractions and rediscover your relationship!

17th – 19th April, 2020 at Mt Carmel Retreat Centre, Varroville, NSW

Book online at www.wwme.org.au or contact Adrian and Janet Sullivan: on 0490 774 419 or adrian.janet1@bigpond.com



If you would like Worldwide Marriage Encounter brochures please see WWME website at www.wwme.org.au

During Lent Join Fr Thomas as he presents a special Bible Study programme commencing Tuesday, 3 March at 7.30pm-8.30pm at St Peter Chanel Church.

To secure your spot, go on to the Parish Website and click on the icon. Alternatively, contact the Parish Office by phone or email. Registration Fee: \$5.

See Through Bible



Air Conditioning



The Church is going to be air-conditioned. We are also installing solar panels so that the air-conditioning will work on green energy.

The system will include ducted split system air conditioning (\$34,800) and solar panelling (\$42,000). The total cost of the project is \$76800. We have applied for a grant from MP's fund for part of the cost, though the success of the application is uncertain. Donations towards funding the project will be of great assistance.

Anyone wishing to contribute towards the project may speak with Fr Thomas or one of the Finance Committee: John Le Mottee, Brendon Nazareth, Joe Moses, Sylvia Jukic.

Holy Land Pilgrimage



INFORMATION Meeting with, Rajesh from Magi Tours at the Jubilee Hall on Tuesday 25 February at 7 PM.



Just for Laughs

Finally, the good-natured boss was compelled to call Smith into his office.

"It has not escaped my attention," he pointed out, "that every time there's a home game at the stadium, you have to take your aunt to the doctor."

"You know you're right, sir," exclaimed Smith, "I didn't realize it. You don't suppose she's faking, do you?"





LENTEN PENANCE

In this season of Lent, we seek to experience the mercy of God the Father, and to practice it in our daily lives. But first we must experience *our need for mercy*, that is, our brokenness and, indeed, our sinfulness, insofar as we have failed to love God above all, and to love our fellow men and women as ourselves. This is why the Church's Canon Law reaffirms the obligation to do penance – to interrupt the usual comforts of life, to rediscover in prayer the merciful love of God, and to practice charity and justice towards those in need. The special times of penance are all Fridays throughout the year and the season of Lent.

We recall that St John the Baptist prepared for the coming of the Lord by “preaching a baptism of repentance”. Jesus began his ministry with the exhortation: “Repent and believe the Gospel” (Mk 1:15). Repentance means the rejection of sin. It implies conversion to, and reconciliation with, God. Prayer, self-denial, and works of charity are the concrete expressions of repentance. Each of these identifies us more closely with our Saviour. By penance we make satisfaction for our sins, and take real steps in the renewal of our lives. Repentance and conversion are central, on-going, and even daily practices of Christian living.

In nominating special times of penance, the Church encourages and promotes in all of us the *habit* of penance. Furthermore, observance of these special times by all Catholics throughout the universal Church emphasises what we call “the social dimension of sin”. The sin of the individual member always in some measure infects the whole body. Therefore during Lent and on every Friday throughout the year, we do penance, not only on our own account, but also in the name of the Church and of the world. We must take very seriously our penitential obligations and be sure to carry them out. The Australian Catholic Bishops' Conference has not restricted our penance to fast and abstinence; in all cases, it has left room for our own responsible choice. We should carefully select the form of penance that we consider most appropriate for our own circumstances and growth in the Christian life.

DAYS OF PENANCE

1. Abstinence from meat, and fasting, must be observed on Ash Wednesday and Good Friday. All who have completed their eighteenth year and have not yet begun their sixtieth year are bound to fast. All who have completed their fourteenth year are bound to abstain.
2. On all other Fridays of the year including the Fridays of Lent, the law of the common practice of penance is fulfilled by performing any one of the following:
 - (a) prayer – for example, Mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the Stations of the Cross; praying the rosary.
 - (b) self-denial – for example, not eating meat; not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor of one's own country; limiting use of social media, smart phones or television.
 - (c) helping others – for example, special attention to someone who is poor, sick, elderly, lonely or overburdened.

LENT LASTS FROM ASH WEDNESDAY (26TH FEBRUARY) TO THE MASS OF THE LORD'S SUPPER (9TH APRIL). ON GOOD FRIDAY AND, IF POSSIBLE, ALSO ON HOLY SATURDAY UNTIL THE EASTER VIGIL, THE EASTER FAST IS OBSERVED.

PASCHAL PRECEPT

Each of the faithful is obliged to receive Holy Communion at least once a year. This is to be done between Ash Wednesday, 26th February, and Trinity Sunday, 7th June, 2020 unless for a good reason it is done at another time during the year. All the faithful are obliged to confess their grave sins at least once a year.

St. Mary's Cathedral
SYDNEY
26th February 2020

ARCHBISHOP OF SYDNEY



SPC School Fete 2020

When: Sunday March 1st

Where: St Peter Chanel School Grounds

Time: 11am-3pm

What: Enjoy entertainment, food stalls, a number of multicultural stands as well as games & rides!

All are welcome! Bring your families along for a fun filled day.



PLAYGROUP

FOR CHILDREN UNDER 5 YRS

THURSDAY 9AM-11AM

The cost is Free!

Coffee & Morning Tea
provided for carers

2 NEW STREET, AUBURN

9646 1434

Contact - Natasha Ellis

Email - natasha.ellis@syd.catholic.edu.au



ST PETER CHANEL & ST JOSEPH YOUTH GROUP

*"Everything
Possible in Christ"*

Our first Meeting for
2020 will occur on
Tuesday the 3rd of
March at 7pm in the
Parish Hall.

If you have received
your Confirmation -
Please come along
and join our Parish
Youth Group.

COME JOIN US AND BE

EPIC!



Brought to you
by the Sydney
Men's Ministry
Network



CATHOLIC
ARCHDIOCESE
OF SYDNEY



Australian Catholic
Men's Alliance

OTHER NOTICES

JOB VACANCY

Part Time Position Available at St Christopher's Parish Holsworthy

Email Fr Andrew (Xiang) Feng at stchris@tpg.com.au to obtain a job description and the closing date for applications for the position is 24th February, 2020.

Vacant Position at the Catholic Archdiocese of Sydney (Sydney NSW)

Safeguarding Officer, Support and Compliance
An opportunity is available for a suitable qualified Safeguarding Officer, Support and Compliance to work for the Safeguarding and Ministerial Integrity Office. You can view this position at <https://catholicjobsonline.com.au/job/safeguarding-officer-support-and-compliance-sydney-nsw/>
Applications for this position close on Friday 28 February 2020.

EVENTS, WORKSHOPS & RETREATS

Silent Retreat Tasmania

5 day silent retreat, offered in March by Fr Pius Mary Noonan of the Notre Dame Priory at the Benedictine Monastery at Colebrook. The Retreat is open to men and women. Hosted by the Palavra Viva community in the Emmanuel Centre, Newstead (Launceston). The retreat will follow St Ignatius of Loyola's *Spiritual Exercises*, which are renowned as a school of prayer with a profound ability to facilitate a conversion to God. Each day of the retreat involves Holy Mass, a series of conferences to prepare you for the meditations proposed in the *Spiritual Exercises*, devotions and certain hours of the monastic Divine Office. There are plenty of opportunities to see a priest for spiritual direction and the Sacrament of Reconciliation. please contact Cassia on 0418 183 511 or palavravivatasmania@gmail.com

St Mary's Towers Retreat Centre, Douglas Park Retreats

Gift of Ageing Awakening to God's Surprising Gifts 6 Day

6-12 March. \$750 for the full retreat or \$250 for the weekend 6-8 March: Sr Kerin Caldwell sgs. Sr Kerin has a background in education and this interest strengthened her commitment to adult growth and development. Themes include: Less doing and more being; Surprising spiritual growth and new life; Retirement Today – is there such a thing? How am I coping with change? Living now. Come, relax and enjoy God in tranquillity at St. Mary's Towers Retreat Centre, Douglas Park, RSVP Ph: 46300233 OR Email contact@towersretreat.org.au website: <https://towersretreat.org.au>

Mindfulness and the Presence of God – Retreat Weekend

13-15 March. \$250: Presenters: Michelle Vass & Mr Lou Nulley. Topics include: Being Mindful in the Christian Tradition; Mindfulness practices; The effect of mindfulness on the brain; Mindfulness meditation; Using the body to help us to be mindful. Come, relax and enjoy God in tranquillity at St. Mary's Towers Retreat Centre, Douglas Park, N.S.W. RSVP Ph: (02) 46300233, contact@towersretreat.org.au website: <https://towersretreat.org.au>

Missionaries of God's Love Healing Retreat

14 March. Rev Fr Tony Alex MGL Healing Retreat, 9.00am-4.00 pm, St Joseph's Parish Hall Entrance at : Parker St. Rockdale, NSW . Morning and Afternoon Tea PROVIDED. Inquiries: Ida -0424 267 500, Helen-0488 037 631 E: jlowcommunity@Gmail.com or www.jlowcom.org

Men's Prayer Weekend: Paul White and Fr Thang Nguyen msc.

27-29 March. \$250. Transitions occur frequently in our work, relationships, spirituality and health. During this retreat we will be reflecting on scripture and modern authors regarding the interaction between trust and discernment particularly at times of transition in our lives. Come, relax and enjoy God in tranquillity at St. Mary's Towers Retreat Centre, Douglas Park, RSVP Ph: (02) 46300233, contact@towersretreat.org.au | <https://towersretreat.org.au>

SUPPORT & SERVICES

Does your business have a social conscience?

Centacare provides meaningful employment, training and social connection for people living with intellectual disability. Services include packaging, assembly, security shredding, gardening, cleaning and logistics . If Call CCareline to find out more on 13 18 19. CatholicCare.org | connect@catholiccare.org | 8am-8pm Mon-Fri

Healing After Abortion

Rachel's Vineyard Ministries, Sydney offers healing retreats for those who have experienced an abortion. The retreat offers a sanctuary in which to renew, rebuild and redeem hearts broken by abortion in a safe, supportive, confidential and non judgmental environment. Information www.rachelsvineyard.org.au or call us on our confidential voicemail number 0400 092 555 or email info@rachelsvineyard.org.au. The next retreat will be on 1-3 May 2020.

Church Shop Drop by our Church Store and grab a gift for that special someone. We have a range of religious items perfect as presents for those celebrating the Sacraments of Holy Communion, Baptism, Reconciliation and Confirmation. The Church Shop is open on weekends before and after the 5.00pm Saturday Vigil and Sunday 8.00am & 10.00am masses. If you have any product enquiry, please contact the Parish Office.

Planned Giving Request Form

Your financial contribution to the Planned Giving of the Parish is your appreciation for the Parish. At the end of the financial year you will receive a receipt for your contributions. To join the Planned Giving Program fill this form, tear this part off and place it in the Sunday Collection plate.

Your Name:

Telephone NoEmail

☐ Yes, please organise a set of envelopes. ☐ Yes, please organise automatic credit card deductions. (An authority form will be sent)